



List of Tips in Facilitating the Scientific Process with Patients

Remind patients we have a long list of treatment options available. With time and persistence, most patients have improvement in symptoms.

Teach the basics of the scientific method. In order to determine if a drug or other treatment is effective, we can only change one variable at a time.

Say the same thing each time you see a patient, "I'm counting on you to keep good records and report back to me".

I often say, "This is a MARATHON, not a SPRINT"

Before you enter the exam room have the nurse check which treatments have been tested since the patient's last visit.

*This list has been created by The Dysautonomia Project physicians and patient advisors. It may grow or change based on feedback. Check our website for the most updated "List of Tips" at www.TheDysautonomiaProject.org.

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A 501 (c) 3 not for profit organization aimed at speeding the time to diagnosis through local education.

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