

Free Resources for Patients and Families

The Dysautonomia Project (TDP) DysProject.org	-DysCourse: annual virtual education event for patients and caregivers -Patient autonomic disorders assessment and symptoms tracking tool -Autonomic Education Center featuring video courses for providers & patients
Dysautonomia Information Network (DINET) dinet.org	- Library of medical research articles - YouTube channel of original videos including interviews with physicians - Patient & caregiver information about the challenges of living with chronic illness
Dysautonomia Support Network dysautonomiasupport.org	-Monthly virtual support group meetings -Handouts and handbooks -Discovery education video library
Mission MSA missionmsa.org	-MSA Connect online community platform -Monthly educational webinars -Mission MSA's online resource library
PoTS UK potsuk.org	-Website resources on diagnosis and management of PoTS -Online video resources for patients and healthcare professionals (YouTube) -Virtual peers support groups (UK based)
Standing up to POTS standinguptopots.org	-The POTScast (podcast) -Detailed POTS info/handouts for patients -POTS info/handouts for practitioners
The Australian POTS Foundation potsfoundation.org.au	-Living with POTS-patient brochure and resources -Knowledge Hub- information sheets -Clinician Directory- list of POTS 'aware' health practitioners
The Ehlers-Danlos Society ehlers-danlos.com	-EDS and HSD helpline -Healthcare professionals directory -Let's Chat: virtual support groups
The Mast Cell Disease Society (TMS) tmsforacure.org	-Emergency resources plan -Expert webinar library -Patient guides and toolkits